Here are some safety checks you should do during a power outage:

## Before the power goes out:

- Have a plan: Make sure you and your family know what to do in case of a power outage. This includes having a meeting place outside your home and knowing how to contact each other.
- Assemble an emergency kit: This should include food, water, first-aid supplies, a flashlight, a battery-powered radio, and a can opener.
- Charge your devices: Make sure your phone, laptop, and other essential devices are fully charged before the power goes out.
- Turn off and unplug appliances: This will help to prevent damage from power surges when the power comes back on.

## During the power outage:

- Stay informed: Listen to the radio or check online for updates on the outage.
- Use flashlights: Do not use candles, as they can be a fire hazard.
- Keep refrigerator and freezer doors closed: This will help to keep food cold for as long as possible. A full freezer will keep food safe for up to 48 hours; a full refrigerator will keep food safe for about 4 hours.
- Dress warmly: If it's cold outside, dress in layers to stay warm.
- Stay connected: Use your phone or a battery-powered radio to stay connected with family and friends.
- Do not use generators indoors: Generators produce carbon monoxide, which can be deadly. Only use generators outdoors and away from windows and doors.

## After the power comes back on:

- Check for damage: Look for any damage to your home or appliances before turning them on.
- Turn on appliances one at a time: This will help to prevent overloading the circuits.
- Throw away any spoiled food: Food that has been at room temperature for more than 4 hours should be thrown away.

## Here are some additional tips for staying safe during a power outage:

- Be aware of your surroundings: Downed power lines and flooded areas can be dangerous. Stay away from them and report them to the authorities.
- Check on your neighbors: If you have elderly or disabled neighbors, check on them to make sure they are safe.
- Be patient: It may take some time for the power to be restored.

We hope these tips help you stay safe during a power outage.

